#### "ExerLink - Enabling Pervasive Social Exergames with Heterogeneous Exercise Devices"<sup>†</sup>

#### PRESENTED BY SALIKH BAGAVEYEV

<sup>+</sup> Park, T., Hwang, I., Lee, U., Lee, S., Yoo, C., Lee, Y., Jang, H., Choe, S., Park, S., and Song, J. Exerlink: enabling pervasive social exergames with heterogeneous exercise devices. In Proceedings of the ACM MobiSys, ACM (2012), 15-28.

### Introduction

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#### Introduction

- Diverse pervasive devices as game interfaces. Exergames.
- Social exergames provide ubiquitous social interactions
- Focus on Repetetive-Individual-Aerobic exercises

### Motivation

- Complement existing persuasive techniques relying on peer pressure and social recognition
- Existing approaches cannot be fully extended to pervasive social exergame scenarios
- Motivating Scenario: three friends prefer various exercises and cannot meet regularly
- Repetetive-Individual-Aerobic exercise benefits:
  - Popularity
  - Ease of access
  - Monotony
  - Long-lasting
  - Measurability
- Target Social Exergames

### Exerlink Platform



## Exerlink Platform

- Game Input Controller
- Voice Channel Manager
- Network Manager
- Exercise Information Manager



#### Providing Fair Gameplay: converting intensity into game input

Personalized Mapping



#### Providing Fair Gameplay: converting intensity into game input

Mapping functions



#### Providing Fair Gameplay: balancing heterogeneity

- Preferred range for balancing heterogeneity
- Create target rate for acceleration and deceleration
- Adjust acceleration and deceleration to target rate

Function: AccelerationBalancingInput: Vin is the original game input, t is current time, β is the target rateOutput: Vout is the converted game input
1. // detect acceleration
2. <b>if</b> $((Vin - Vin_old) / (t - t_old) > acceleration_threshold)$
3. <b>if</b> (current_state != ACCELERATING)
4. $current\_state \leftarrow ACCELERATING$
5. $t\_accel\_begin \leftarrow t\_old$
6. $Vin\_accel\_begin \leftarrow Vin\_old$
7. // convert acceleration rate from the beginning of the current acceleration
8. $current\_accel \leftarrow (Vin - Vin\_accel\_begin) / (t - t\_accel\_begin)$
9. $converted\_accel \leftarrow \beta \cdot current\_accel$
10. else
11. <b>if</b> ( <i>current_state</i> == ACCELERATING)
12. $current\_state \leftarrow ACCEL\_END\_WAIT$
13. <b>if</b> ( <i>current_state</i> == ACCELERATING    <i>current_state</i> == ACCEL_END_WAIT)
14. $Vout \leftarrow Vout\_old + converted\_accel \times (t - t\_old)$
15. $Vin_old \leftarrow Vin$
16. $Vout\_old \leftarrow Vout$
17. $t_old \leftarrow t$

#### Providing Fair Gameplay: balancing delay variation

- Dead reckoning to predict the state of another player
- Fair-ordering service: at the server side action messages should be properly ordered based on players' reaction times

#### Controller prototype: hula hoop



#### Controller prototype: hula hoop



# Controller prototype: jump rope



## Controller prototype: treadmill and stationary bike



### Evaluation

- Point select task (Fitts' law tests)
- High and low intensity targets
- Collect movement times and error



Effects:

Movement time and learning



Effects:

Throughput and SD of errors



#### Effects:

#### Movement direction



#### Effects:

Gender



#### Case Study 1: Balancing and Fairness

	Homogeneous	Heterogeneous
	$\operatorname{team}$	$\operatorname{team}$
Playing time (sec)	86.30	86.35
# of acquired items	3.35	3.40
# of obstacle collisions	3.30	3.30
# of wins	11	9

#### Table 1: Game records of the 20 matches

**Case Study 2: Social Interactions** 



### Conclusion

- Disparate exercises can be turned into fun collaborative activities
- Fair game experiences are achievable
- Players with different exercises can effectively collaborate and compete well while playing the same game.
- Remote exergames did not hinder gaming process, yet promoted more engagement in conversation and exercise.