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# Regression Tree Classification for Activity Prediction in Smart Homes

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**Abstract**

The growing number of older adults in the population has created an increasing need for health-assistive systems, including prompting interventions to provide activity reminders. In this paper, we present a new regression-tree-based activity forecasting algorithm to predict the occurrence of future activities for prompting initiation of such activities. This automated algorithm extracts high-level features from sensor events and inputs these features to a machine learning algorithm which forecasts when a target activity will next occur. We compare this system to a standard linear regression classification using real data from smart homes. The forecasting algorithm is shown to provide lower error rates over the linear regression model.

**Author Keywords**

activity forecasting; regression trees; smart homes

**ACM Classification Keywords**

H.1.2. User/Machine Systems; I.2. Artificial Intelligence

**Introduction**

The growing population of older adults has created an increasing need for new and innovative assistive technologies that are capable of improving users' lives while reducing the burden placed on caregivers. As the population of adults over 65 increases in the coming

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decades, the number of older adults suffering from cognitive illnesses is also expected to increase, putting a greater burden on healthcare systems and personnel [2]. Many older adults with cognitive illnesses have difficulties performing daily functional tasks, such as cooking, eating, or taking medicine (known as Activities of Daily Living, or ADLs) [11]. The need to provide care for these older adults highlights the growing importance of assistive health technologies.

The development of smart environments is one way in which these problems are being addressed. These environments employ a variety of sensors and actuators to monitor inhabitants' behavior and improve their comfort, safety, and overall wellbeing, while reducing the burdens placed on caregivers and other healthcare providers. These systems can also be used to provide feedback to both inhabitants and caregivers related to the performance of ADLs and overall health.

One form of feedback is in the form of prompts that can be provided to the inhabitant to remind them to perform certain activities. For example, a prompt could be provided to remind the inhabitant to take their medications each morning at breakfast. While a simple reminder at a fixed time each morning may be sufficient, Kaushik et. al. [6] have found that prompts that take into account the inhabitant's activities and other context can be more effective. In order to facilitate context-aware prompting, the environment needs to be able to detect and predict the inhabitant's future activities based on observed sensor data and other contextual clues.

In this paper, we present a method for predicting inhabitant activities from sensor events using

regression tree classification algorithms. This method is used to predict the time to the next occurrence of an activity of interest, and we will label it activity forecasting (AF). Our method does not require real-time activity recognition capabilities, as it relies solely on features derived from the sensor events themselves. We discuss the implementation of this method and evaluate it in comparison to a linear regression-based activity forecasting method.

### **Related work**

Prompting systems have been developed and studied for some time. Many early systems were rule-driven or required knowledge of a user's daily schedule, employing dynamic Bayesian networks and similar techniques to produce prompts [3, 7, 8, 9, 10]. While these systems are able to adjust prompts based on user activities, they also required input of a user's daily schedule or predefined activity steps.

More recent work has included the incorporation of the user's behavior through activity recognition (AR). Holder and Cook [5] developed a system that learns relations between activities detected through an AR component, creating prompts for a predicted activity based on time elapsed since a reference activity. Das et. al. [4] applied data sampling techniques to address the imbalance between prompt and non-prompt situations and improve prompting performance.

Other approaches to activity prediction include sequential activity prediction using Markov or Bayesian models, which attempt to predict the next event in a sequence. Alam et. al. [1] used a modification of the Active LeZi algorithm to take into account the ON/OFF

nature of home appliances for prediction of the next activity in a sequence.

While these systems provide automated learning and prediction based on a user's activities, many of them rely on a separate activity recognition component to provide information about current and past activities. Our forecasting approach generates the features needed for forecasting directly from the sensor events themselves, without the need for a real-time recognition component or manual construction of rules for activity times.

### **Methods**

We have designed our AF method as a component in the WSU CASAS smart home project. The CASAS smart home system consists of a network of wireless motion and door sensors placed throughout the home. These sensors monitor movement and door use in the home, sending events over a mesh network which are processed by the middleware and stored in a database on a server. Our AF component provides activity forecasting which can be used by other components in the smart home to generate prompts or provide other useful services. Specifically, given a particular target activity which we wish to predict, AF provides a prediction of the time units that will elapse until the activity will next occur.

#### *Feature Extraction*

The sensor data stored by the CASAS system includes the date, time, sensor ID, and sensor message associated with each sensor event. The datasets described in this paper utilized motion and door sensors, but other sensor types can be included.

During operation, the feature extraction process stores a history of recent events. For each sensor event, the features listed in Table 1 are generated based on the context window, the size of which is determined dynamically. The temporal features (e.g., *lastSensorEventHours*, *windowDuration*) are included to provide information about the time of day. This is useful since many activities are likely to occur during certain periods of the day. The dominant sensor features (*lastLocation*, *sensorCount* and *sensorElTime*) provide information on where the activity has recently been occurring within the smart home. The timestamp and lag features provide information on the most recent sensor events in the window. This can help the classifier identify whether recent events were spaced close together or further apart, giving more information on the inhabitant's activities.

Although window sizes are determined during system training based on observed associations between sensors and activity classes, the AF feature extraction does not use information about the current activity. Thus, it does not require the use of a separate AR component, instead deriving all features directly from the recent sensor events.

Note that while the AF algorithm is explained here in the context of activity forecasting within a smart home, the underlying algorithm can be used to forecast activities based on any type of sensor data. The features that we describe are useful for discrete event sensors but can be replaced or integrated as needed with sampling-based sensor features as well.

Feature Name	Description
<b>lastSensorEventHours</b>	Hour of the day when the current event occurred
<b>lastSensorEventSeconds</b>	Time since beginning of the day in seconds for the current event
<b>windowDuration</b>	Duration of the window (seconds)
<b>timeSinceLastSensorEvent</b>	Time since the previous sensor event (seconds)
<b>prevDominantSensor1</b>	The most frequent sensor ID in the previous window
<b>prevDominantSensor2</b>	The most frequent sensor ID in the window before that
<b>lastSensorID</b>	The sensor ID of the current event
<b>lastLocation</b>	The sensor ID for the most recent <i>motion sensor</i> event
<b>sensorCount*</b>	Number of times each sensor produced an event in the window
<b>sensorEITime*</b>	Time (seconds) since each sensor last produced an event
<b>timeStamp</b>	Time since beginning of the day (seconds) normalized by the total number of seconds in a day
<b>lag*</b>	timeStamp feature value for previous event
<b>tsLag*</b>	timeStamp feature value for previous event multiplied by current timeStamp value

\*There is one *sensorCount* and one *sensorEITime* for each sensor in the smart home. The *lag* and *tsLag* values are created for the previous sensor events (for our experiments, the lag size is 12).

**Table 1.** List of features generated by the feature extraction process. These features, based on a window of previous events, are used as input to the regression tree classifier.

#### *Regression Tree Classifier*

The forecaster portion of AF uses the extracted features to predict the value associated with each event. This target value is the time (in seconds) from the current event to the start (first event) of the next occurrence of the predicted activity. In order to provide this prediction, a classifier was chosen that would be able to output a numeric classification value from the feature inputs.

Although a simple linear regression or auto-regressive moving average function could be used, these techniques are limited in that they may not be able to

represent the complex non-linear interactions of the sensor events and inhabitant activities. Instead, we use a regression tree algorithm. Regression trees are similar to decision trees in that they have a root node and are traversed from the root to the leaves, choosing the path at each node based on the value of a split attribute (feature).

However, unlike a decision tree, a regression tree contains a multivariate linear model at each node, which is used to calculate the classification value upon reaching a leaf node. The regression tree is created during the training mode and can then be used to

classify events for activity prediction. Although the regression tree requires construction of the tree from training data before use, classification of events with a trained tree is performed quickly and efficiently. This allows for quick classification of new events in a smart home environment.

During training mode, a set of training events are processed by the feature extraction process to generate a set of feature vectors for training. These events are also tagged with the activities that were occurring during each event. (These activity tags could be generated by human annotators, an activity recognition algorithm, or other means.) These activity tags are used to compute the class label for each event. Here, the class label is the actual time that elapsed between the observed sensor event and the next occurrence of the target activity.

The regression tree is created from these training examples. We refer to the collection of training examples as  $T$ . First, we compute the standard deviation of the class labels in  $T$  (we label this  $\sigma(T)$ ). Then, starting from the root node, we build the tree.

At each node, we want to choose an attribute to split on. The algorithm selects the attribute that will maximize the reduction in error. Given a particular attribute split, we denote  $T_i$  as the subset of examples that would be produced by  $i$ th outcome of the split. We use the standard deviation of the subset ( $\sigma(T_i)$ ) as an estimation of the error for the corresponding examples. The algorithm will then choose the split attribute at each node that maximizes the gain, defined as shown in Equation 1.

$$Gain(T, attr) = \sigma(T) - \sum_{i \in \text{Values}(attr)} \frac{|T_i|}{|T|} \times \sigma(T_i) \quad (1)$$

This splitting process continues recursively with the child nodes to form the entire tree structure. The splitting terminates when one of the following occurs: all attributes have been chosen along the current path, the number of examples remaining at a node is too little (in our case, four or fewer), or the standard deviation of remaining example class values is less than a percent of the original standard deviation (in this case, 5%).

Each node of the tree contains information for a multivariate linear model that can be used to calculate the class value from appropriate attributes. This linear model has the form  $w_0 + w_1 a_1 + w_2 a_2 + \dots + w_k a_k$ , where  $a_k$  are attribute values and  $w_k$  are weight values calculated through standard linear regression. At each node, the attributes used in the regression are only those that are used as split attributes in the node's subtree.

Pruning is performed on the regression tree bottom-up, starting from the leaf nodes. At each node, the regression model from that node is used to classify the subset of training examples associated with the node, and the root mean square error (RMSE) is computed as shown in Equation 2, where error is defined as the difference between the predicted class label and the value.

$$RMSE = \sqrt{\frac{\sum_{e=1}^{\# \text{events}} (\text{predicted}(e) - \text{actual}(e))^2}{\# \text{events}}} \quad (2)$$

Dataset: B1	
Data Collected	
Jul. 7, 2009 - Feb. 3, 2010	
658,811 Events	
Activity	Events
Bathing	7,198
Bed to Toilet Transition	4,170
Eating	28,771
Enter Home	3,711
Housekeeping	3,280
Leave Home	4,305
Meal Preparation	101,820
Personal Hygiene	39,190
Sleeping (in bed)	33,213
Sleeping (not in bed)	39,934
Take Medicine	15,388
Work	0

**Table 2.** Data collection period, number of events, and activity information for the B1 apartment dataset.

The RMSE of the node's subtree is also computed. If the node's regression result outperforms the subtree, the subtree is pruned and the node becomes a leaf node. This pruning process helps to reduce the complexity of the tree and also improve its performance.

Finally, leaf node models are smoothed using their parents' regression models. This helps to improve performance when the number of examples used in constructing a node is small.

Once the classifier has been trained, it can be used to classify events for activity forecasting. When a new event is examined, the features generated by the feature extraction process are passed to the regression tree for classification. Starting at the root node, the regression tree compares the feature specified for that node to the threshold value to decide which child node should be accessed next. When the algorithm reaches a leaf node, the data features are used as inputs to the node's linear model and a class value is computed.

## Experimental results

### Setup

In order to validate the AF method, we test it on sensor events collected from CASAS smart homes. Our datasets represent sensor data collected from three apartment testbeds, each housing one older adult (65+) with no known cognitive impairments. The residents performed their daily routines during the six months in which data was collected.

The data from each apartment was tagged with related activities by human annotators by looking at the home floorplan and sensor layout, interviewing residents to

ascertain their daily routines, and using software to visualize the event sequence. Each event is labeled with one of 12 ADL activities or an "other" activity if the event was not part of an activity of interest. These activities, along with other information about the datasets, are shown in Tables 2-4.

To evaluate AF's performance, a sliding window validation approach was used. This is similar to k-fold cross-validation. However, since the sequential ordering of the events is important for the AF algorithm, train and test events cannot be chosen at random. Instead, a sliding window of a fixed length is moved across the dataset to determine the training examples. AF is trained on the data in the window, and then tested on the next event after the window. The window is then shifted by a specified number of events and the train and test process is repeated. All events in a dataset are used to train AF for each activity, including those labeled as an "other" activity.

Although the sliding window only uses feature data from within the sliding window for training, feature extraction window sizes and all features are pre-computed for the entire dataset. This reflects what might occur in a production environment, where AF is able to track events and fill event windows before performing training and testing. It also reduces the complexity of the validation as feature values are only computed once for all of the sliding windows.

To provide a baseline result for comparison, we also implemented a basic linear regression classifier, which we will refer to as LR. This is equivalent to a single-node regression tree that utilizes all of the feature attributes to determine the multivariate model, without

Dataset: B2	
Data Collected	
Jun. 15, 2009 - Feb. 4, 2010	
572,254 Events	
Activity	Events
Bathing	16,295
Bed to Toilet Transition	14,641
Eating	24,417
Enter Home	2,440
Housekeeping	12,971
Leave Home	2,476
Meal Preparation	55,240
Personal Hygiene	42,704
Sleeping (in bed)	10,477
Sleeping (not in bed)	16,996
Take Medicine	22,524
Work	0

**Table 3.** Data collection period, number of events, and activity information for the B2 apartment dataset.

any pruning or smoothing. This classifier was tested using the same sliding window validation approach used for the full AF algorithm. The features provided to LR were generated by the same feature extraction process used in AF for an accurate comparison between the full regression tree and the basic linear regression.

Since the AF algorithm produces a classification value indicating the time until the next occurrence of an activity, it is difficult to define a notion of a true positive rate or accuracy of the classification. Instead, we use an alternative measure of the error to indicate how close the predicted values come to the ground-truth class labels determined from the annotated data.

The class labels may vary widely in value based on the time between activity occurrences, making it difficult to compare results for different activities and datasets using un-normalized errors. For example, while an activity like Eating may occur multiple times per day, Housekeeping may occur only a few times a month. The time between occurrences of these two activities can be quite different, making it difficult to compare their error results.

To account for this, we utilize a normalized measure of error based on the RMSE, defined in Equation 3. The range-normalized RMSE (RangeNRMSE) is the RMSE normalized by the range of class label values. The normalized value is useful as it allows more accurate comparison of results for different activities and datasets. A perfectly accurate predictor would have a RangeNRMSE value of zero (no error). The greater the value, the larger the difference between the predicted and actual times and the lower the performance.

$$\text{RangeNRMSE} = \frac{\text{RMSE}}{\max(\text{actual}) - \min(\text{actual})} \quad (3)$$

### Results and Discussion

We ran an experiment to validate our activity forecasting algorithm, to compare the performance of AF with a baseline linear regression method (LR), and to determine the effect of various parameter choices on the performance of the algorithm.

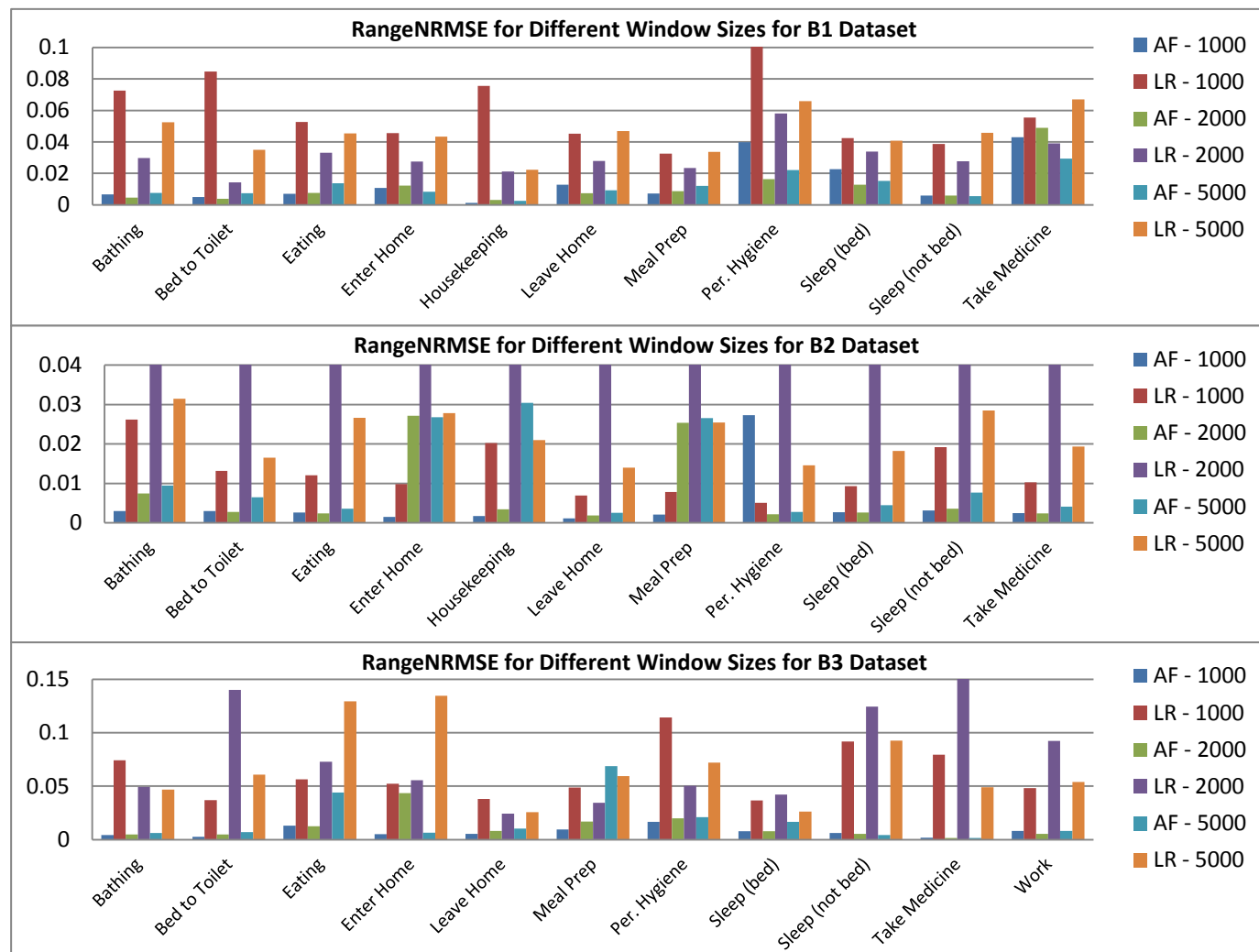
Our experiment was designed to determine the effects of the sliding window size, which determines the number of events the algorithm can use for training. The window sizes chosen were 1,000, 2,000, and 5,000 events. The start of the window was moved forward by 1,000 events with each iteration, and the tests were performed on all three datasets.

Since the actual class labels for each activity are derived from the annotated activity labels, we can only accurately compute the time to the next occurrence of an activity up to the last event of that activity in the dataset. Beyond this point, we do not know when the next occurrence of the activity would be, and thus cannot compute accurate labels. Thus, for each activity, the sliding window validation was stopped at the last event labeled with that activity, instead of the full dataset. However, the number of windows used for each activity was still approximately the same.

The results of these experiments are shown in Figure 1. The normalized RMSE values for the linear regression classifier are larger than those for AF in most cases.

Dataset: B3	
Data Collected	
Aug. 11, 2009 - Feb. 4, 2010	
518,759 Events	
Activity	Events
Bathing	5,151
Bed to Toilet Transition	4,346
Eating	39,453
Enter Home	996
Housekeeping	0
Leave Home	1,246
Meal Preparation	44,842
Personal Hygiene	37,237
Sleeping (in bed)	20,693
Sleeping (not in bed)	8,207
Take Medicine	1,248
Work	108,763

**Table 4.** Data collection period, number of events, and activity information for the B3 apartment dataset.



**Figure 1.** Range-normalized error plots for the three datasets. Values in the legend indicate the sliding window size for each group of results. The vertical axis on each of the plots has been shortened to allow better comparison of values. Some of the larger values extend beyond the plots because of this.



Window Size	p-Value
<b>B1</b>	
1000	0.0808
2000	0.0006*
5000	0.0001*
<b>B2</b>	
1000	0.042*
2000	0.0006*
5000	0.0059*
<b>B3</b>	
1000	0.0001*
2000	0.0328*
5000	0.0016*

**Table 5.** p-values computed for different tests. For each window size, the p-value listed is for a two-tailed paired t-test between the AF and LR RangeNRMSE values for each parameter. Significant p-values < 0.05 marked.

The AF error value is usually smaller than the corresponding LR value for the same window size and, in many cases, the worst-performing AF results are better than the best LR results. The improved performance with AF is further supported by the p-values for the results in Table 5.

There is no consistent trend across all datasets for the effects of sliding window size. There is some indication that the AF-1000 case generally performs well on most activities, though it has some difficulty with the Personal Hygiene activity for datasets B1 and B2. Personal Hygiene is the most frequently-occurring activity for both of these datasets, indicating that, for frequent activities, AF can benefit from a larger window size where it is able to observe the repeatability of the activity.

It is also interesting to examine the cases where AF has some trouble with certain activities. The normalized error rates for AF are relatively high for the Enter Home activity, especially for the B1 and B2 datasets. This may be a result of the fact that the inhabitant is outside the home before the Enter Home activity begins, so no sensor events directly proceed it. The results may be somewhat better for the B3 dataset in this regard if the inhabitant's work caused him or her to have a more consistent time to return home.

The relatively high errors for Taking Medicine in B1 may be due to the location and schedule of the inhabitant for taking medicine - the lower errors for AF with a window size of 5,000 here indicate that being able to observe more instances of the activity helps to increase accuracy, especially if the inhabitant took his or her medicine at varying times during the day.

Overall, however, our AF algorithm performs better than the linear regression classification case. AF's predictions are usually much lower than those for LR, indicating its ability to model the non-linear components of the inhabitants' activities can reduce the error rate and improve performance. Thus, using AF in a predictive prompting system should allow for generation of prompts much more accurately compared to a simple linear regression algorithm.

## Conclusions

In this paper we have proposed an algorithm for automated activity forecasting in a smart home environment. This algorithm can be used for prompting individuals and other important tasks to enable older adults to live more independently in their homes. Compared to other algorithms, AF has the advantage that it does not rely on a separate AR component, but rather derives feature attributes directly from sensor event data within the smart home.

We have also demonstrated the performance of AF using datasets from smart homes. We have found that AF performs better than a baseline linear regression classification for predicting the time duration to the start of various activities.

In the future, we hope to improve the AF algorithm by looking at the importance assigned to each of the features by the regression tree model, in order to add or remove features to increase performance. One limitation of the results here is that the longest sliding window length examined (5,000 events) is only about two or three days' worth of sensor events in the datasets. In the future we plan to examine the effects of further increasing the training window size, the

relationship between the variability of activities and error rates, and including sampling-based features in the AF algorithm to account for different patterns in the sensor data.

To date, we have evaluated our prompting algorithms on historic data and are pilot testing an activity prompting interface for older adults. In our future work we will conduct a clinical study to evaluate the impact of data-driven activity prompting for older adults in their daily lives.

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